



COPA ESQUEL 2023

ESQUEL, CHUBUT. ARGENTINA
22 DE ABRIL 2023

POWERLIFTING



Fecha Competencia: 22-abr.-23

Récord Argentino
Récord Sudamericano
Récord Mundial

Nº	NOMBRE Y APELLIDO	IPO/GPA	Sleeves/wraps	SEX	F. Nac	PESO	Edad	DIV 1	DIV 2	CAT	SQUAT				BENCHPRESS				DEADLIFT				TOTAL	Puntos		Rank		Puntos		Rank			
											1.	2.	3.	4.	1.	2.	3.	4.	SUB.	1.	2.	3.		4.	Reshel	DAM	DAM	CAB	CAB	McC	McC		
1	Maria Agustina Vago	GPA	Wraps	F	14-sep.-92	47,60	30	Open	-	48	90,0	95,0	-100,0	NO	40,0	42,5	45,0	.	140,0	105,0	115,0	122,5	.	262,5	617,14	617,1	1*				-	-	
2	Paula Hernandez	GPA	Sleeves	F	24-jun.-05	53,80	17	Tn 16-17		56	67,5	72,5	-77,5	NO	37,5	42,5	45,0	.	117,5	95,0	100,0	107,5	.	225,0	448,65	448,7	7*				-	-	
3	Johana Diaz	GPA	Wraps	F	13-mar.-88	63,60	35	Open	-	67,5	-110,0	110,0	-115,0	NO	50,0	55,0	-57,5	NO	165,0	120,0	130,0	140,0	.	305,0	520,64	520,6	6*				-	-	
4	Carina Jara	GPA	Wraps	F	27-abr.-92	61,60	30	Open	-	67,5	100,0	-110,0	110,0	.	50,0	-57,5	57,5	.	167,5	120,0	130,0	140,0	.	307,5	536,59	536,6	5*				-	-	
5	Romina Coñuel	GPA	Wraps	F	28-may.-95	63,40	27	Open	-	67,5	125,0	-135,0	-137,5	NO	52,5	57,5	-60,0	NO	182,5	125,0	135,0	-145,0	NO	317,5	543,24	543,2	4*				-	-	
6	Millie Beynon	GPA	Wraps	F	23-abr.-03	67,00	19	Tn 18-19		67,5	120,0	.	.	NO	65,0	70,0	72,5	.	192,5	140,0	150,0	160,0	.	352,5	580,57	580,6	3*				-	-	
7	Noelia Sánchez Jenkins	GPA	Sleeves	F	10-ene.-93	68,90	30	Open	-	75	82,5	90,0	-97,5	NO	32,5	37,5	-42,5	NO	127,5	115,0	120,0	-127,5	NO	247,5	400,95	401,0	8*				-	-	
8	Florencia Branca	GPA	Wraps	F	08-feb.-99	80,60	24	Open	-	82,5	150,0	160,0	-170,0	NO	60,0	67,5	72,5	.	232,5	150,0	160,0	170,0	.	402,5	600,53	600,5	2*				-	-	
9	Gabriel Alvarez	GPA	Sleeves	M	30-abr.-00	65,90	22	Jun		67,5	100,0	105,0	112,5	.	60,0	70,0	-75,0	NO	182,5	130,0	145,0	-160,0	NO	327,5	416,91			416,9	14*		-	-	
10	Leonardo Bargas	GPA	Sleeves	M	05-jun.-82	90,80	40	M40-44		100	-100,0	100,0	-150,0	NO	-80,0	80,0	-110,0	NO	180,0	150,0	175,0	200,0	.	380,0	365,94			365,9	15*	380,00	4*	-	-
11	Joaquin López Boyraz	GPA	Wraps	M	24-feb.-04	85,40	19	Tn 18-19		90	140,0	150,0	160,0	.	100,0	-105,0	-105,0	NO	260,0	180,0	-190,0	-200,0	NO	440,0	441,76			441,8	12*		-	-	
12	Juan Marcelo Diaz	GPA	Sleeves	M	14-sep.-73	85,40	49	M45-49		90	-140,0	-140,0	-145,0	NO	90,0	100,0	-115,0	NO	DESC	200,0	220,0	-240,0	NO	DESC	DESC			DESC	DESC	DESC	DESC	-	-
13	Claudio Gomez	GPA	Sleeves	M	18-may.-67	82,50	55	M55-59		82,5	-130,0	135,0	-140,0	NO	90,0	95,0	-100,0	NO	230,0	180,0	190,0	195,0	.	425,0	438,18			438,2	13*	520,63	3*	-	-
14	Baltazar Gonzalez	GPA	Sleeves	M	27-feb.-92	78,10	31	Open		82,5	150,0	160,0	170,0	.	107,5	115,0	120,0	.	290,0	210,0	220,0	230,0	.	520,0	560,56			560,6	4*		-	-	
15	Nahuel Muñoz	GPA	Sleeves	M	30-ago.-02	73,00	20	Jun		75	125,0	130,0	135,0	.	100,0	-110,0	-115,0	NO	235,0	170,0	180,0	190,0	.	425,0	487,48			487,5	8*		-	-	
16	Jorge Utreras	GPA	Sleeves	M	04-abr.-05	73,80	18	Tn 18-19		75	150,0	-160,0	-160,0	NO	95,0	100,0	-105,0	NO	250,0	150,0	170,0	-180,0	NO	420,0	477,12			477,1	9*		-	-	
17	Demilson Torres	GPA	Sleeves	M	30-abr.-05	66,40	17	Tn 16-17		67,5	-110,0	110,0	120,0	.	60,0	70,0	-75,0	NO	190,0	150,0	160,0	170,0	.	360,0	454,68			454,7	10*		-	-	
18	Nicolas Mallo	GPA	Wraps	M	27-nov.-72	93,30	50	M50-54		100	225,0	240,0	-250,0	NO	105,0	112,5	117,5	.	357,5	225,0	240,0	-250,0	NO	597,5	565,83			565,8	3*	675,18	1*	-	-
19	Mario Castillo	GPA	Wraps	M	08-abr.-84	70,50	39	Open	-	75	170,0	-180,0	-190,0	NO	110,0	117,0	-122,5	NO	287,0	195,0	205,0	-215,0	NO	492,0	585,48			585,5	2*		-	-	
20	Matias Ayum Garcia	GPA	Wraps	M	16-may.-95	73,30	27	Open		75	152,5	160,0	165,0	.	80,0	85,0	90,0	.	255,0	170,0	180,0	190,0	.	445,0	508,64			508,6	6*		-	-	
21	Cristian Ayala	GPA	Wraps	M	21-nov.-95	107,00	27	Open		110	240,0	260,0	275,0	.	130,0	135,0	137,5	.	412,5	270,0	280,0	285,0	.	697,5	622,17			622,2	1*		-	-	
22	Martin Fraguas	GPA	Wraps	M	15-sep.-81	107,70	41	M40-44		110	202,5	212,5	220,0	.	105,0	115,0	122,5	.	342,5	202,5	212,5	-217,0	NO	555,0	494,51			494,5	7*	560,55	2*	-	-
23	Diego Rival	GPA	Wraps	M	30-dic.-85	107,90	37	Open	-	110	200,0	220,0	250,0	.	100,0	110,0	-120,0	NO	360,0	240,0	250,0	.	NO	610,0	542,90			542,9	5*		-	-	
24	Ernesto Flores	GPA	Wraps	M	28-ene.-85	138,00	38	Open		140	-190,0	190,0	-205,0	NO	95,0	105,0	112,5	.	302,5	205,0	215,0	227,5	.	530,0	446,26			446,3	11*		-	-	
25	Victoria Jones	GPA	Wraps	M	20-dic.-95	80,80	27	Open		82,5	-60,0	60,0	70,0	.	35,0	37,5	40,0	.	110,0	70,0	80,0	90,0	.	200,0	209,20			209,2	16*		-	-	